

**Survey on Costs and Returns (CSR) 2nd Level Training, PDR and RDR**  
**August 16-17, August 30 and September 2, 2022**

## DAILY MENU

**August 16, 2022 – Tuesday**

- AM SNACKS**                      **Number of Pax:**        4
- Potato Salad
  - Chicken nuggets (2pcs)
  - Pineapple juice in can
  - Bottled Water

- LUNCH**                              **Number of Pax:**        4
- Sinigang na Baboy
  - Adobong Pusit
  - Pinakbet
  - Steamed rice
  - Leche Flan
  - Bottled Water

- PM SNACKS**                      **Number of Pax:**        4
- Cheese burger with fries
  - Soda in can
  - Bottled Water

**August 17, 2022 - Wednesday**

- AM SNACKS**                      **Number of Pax:**        4
- Bacon, Egg and Cheese pancake sandwich
  - Pineapple juice in can
  - Bottled Water

- LUNCH**                              **Number of Pax:**        4
- Pocherong baboy, w/potatoes
  - Bistek Tagalog
  - Ensaladang pako
  - Steamed rice
  - Refrigerated cake
  - Bottled Water

**PM SNACKS****Number of Pax:** 4

- Turon with Langka
- Kwek-kwek
- Fish ball/Squid ball/kikiam with sweet chili sauce/suka
- Soda in can
- Bottled Water

**September 2, 2022****AM SNACKS****Number of Pax:** 5

- Ass'd kakanin (sapin-sapin, palitaw, biko, pichi-pitchi)
- Pineapple juice (in can)

**LUNCH****Number of Pax:** 5

- Pork Sinigang
- Pakbet
- Pan fried languigue w/tomato salsa
- Yang Chow
- Banana

**PM SNACKS****Number of Pax:** 5

- 2 pc Pizza pan and fries
- Soda (in can)

Note: Flowing Coffee/3-in-1 for the entire duration of the training.

*\*Rice: No artificial flavouring/enhancer.*